**TOOL: Teacher Self-Assessment: Explicit SEL Instruction**

**TEACHER/CLASSROOM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**NAME OF SEL PROGRAM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Directions**: Place a check in the column that indicates how regularly you implement each of the best practices as you teach your evidence-based SEL program. Identify practices you want to use more regularly and use the Assessment-based Planning section to record when and how you will increase your use of these practices. Use this assessment tool 3–4 times over the course of the school year.

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| **Best Practices for Implementing****Evidence-based SEL Programs** | **Frequency of Use** | **Check to increase** |
| **Usually** | **Sometimes** | **Not usually** |  |
| Teach the lessons on the schedule recommended by the program designers.  |  |  |  |  |
| Model and encourage students to use SEL vocabulary by explicitly identifying and naming the skills, feelings, competencies, and values they are learning. |  |  |  |  |
| Provide practice of explicitly-taught SEL skills across the day. Use the Teacher Self-assessment Tool: Integrating SEL into Daily Instruction to further assess your implementation in this area. |  |  |  |  |
| Keep lessons active and student-centered. |  |  |  |  |
| Provide daily opportunities for students to reflect on their use of explicitly-taught SEL skills. |  |  |  |  |

**Assessment-based Planning**

2–3 best practices I want to use more frequently: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Plan and timeline for implementing each best practice: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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